## **Meat and Potato Man**

Choreographer: Karen Tripp, April 2014

Description: Absolute Beginner, 32 counts, 4 walls

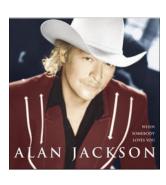
Step right toe forward, drop heel

Step left toe forward, drop heel (3:00) \*\*

Music: Meat and Potato Man by Alan Jackson (2:28 mins)

Album: When Somebody Loves you

Wait 32 counts (start on lyrics), right lead



[1-8] 1-4 5-8	RIGHT VINE 3 WITH STOMP (no wt), TOE FANS Step side right, cross left behind, step side right, stomp left (no weight) Fan left toe to the left, back to center front, out to left, back to center front
[ <b>9-16</b> ] 9-12 13-16	LEFT VINE 3 WITH STOMP (no wt), TOE FANS Step side left, cross right behind, step side left, stomp right (no weight) Fan right toe to the right, back to center front, out to right, back to center front
[17-24] 17-18 19-20 21-22 23-24	FORWARD, POINT SIDE 4X Step forward on right, point left toe to left side Step forward on left, point right toe to right side Step forward on right, point left toe to left side Step forward on left, point right toe to right side
[ <b>25-32</b> ] 25-26 27-28	JAZZ BOX ¼ RIGHT, 2 TOE STRUTS Cross right over left, step back on left Turn ¼ right and step right, step left together

## **OPTIONAL ENDING**

29-30

31-32

This dance has 7 repetitions plus 16 counts of the 8<sup>th</sup> repetition. For a special ending that will leave you facing 12:00 o'clock, the second time you do the Jazz Box at the 6:00 wall (Wall 7), turning to face the 9:00 wall, do the Two Toe Struts *to turn facing 12:00*. The dance will then finish after 16 counts (vines & fans) facing 12:00.

Choreographer: Karen Tripp, Cranbrook, BC, Canada Email: karen@trippcentral.ca Website: www.trippcentral.ca/dance

